



LIVE WEBINAR

# RESILIENT FORENSICS: COMBATING TRAUMA, BURNOUT & BUILDING LASTING STRENGTH



May 14, 2025 | 1200 - 1400 EDT

## COURSE DESCRIPTION



Join us for an in-depth webinar addressing the unique occupational and organizational stressors that impact the forensic science professional. This webinar will equip attendees with practical tools and insights to enhance resilience, recognize early warning signs of burnout, and foster a culture of support within their organizations.



This webinar will help you:

- *Understand secondary trauma & burnout*
  - Recognize how occupational and organizational stress uniquely affects forensic professionals and how to spot the warning signs.
- *Build personalized resilience strategies*
  - Identify individual triggers and create tailored coping mechanisms for long-term career sustainability.
- *Understand the science of stress & recovery*
  - How prolonged exposure to trauma impacts the brain and body, and actionable ways to counteract it.
- *Learn practical tools for immediate implementation*
  - Participants will leave with strategies like structured decompression routines, mindfulness techniques, and workplace advocacy tips.
- *Foster a culture of support in leadership*
  - How supervisors and teams can create an environment that encourages well-being and longevity in the field.

## WHY CHOOSE US?

Our specialized training and resources bridge the gap between generic leadership courses and traditional forensic technician training, equipping you with the skills and knowledge needed for professional development in your forensic career.

**REGISTER TODAY**

## COURSE LOGISTICS

**INSTRUCTED BY:** Jonesta Nolan

**DATE:** Wednesday, May 14, 2025

**TIME:** 1200 - 1400 EDT

**COST:** \$25



## WEBINAR PLATFORM

Attendees must be able to access the Demio webinar platform to attend. Once you have registered for the webinar, you will receive an email containing your unique link to access the live webinar. If payment is not received within 24 hours of the webinar, your unique access link will be deactivated.



## ATTENDANCE POLICY

This webinar can only be attended by the individual that has registered for the course. Gap Science LLC does not permit the watching, listening, broadcasting or distributing of this webinar to any individuals that are not registered for this course.



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